



**Arkansas 40 Nurse Leaders Under 40
Nomination Form
EXAMPLE**

- 1. Please elaborate on nominee(s): Commitment to Excellence (Provide examples of the individual's time commitment and contributions to innovative initiatives and projects to improve outcomes)**

Here are some examples of this nominee's commitment to excellence.

Last year, in response to an increase in falls on the unit, this nominee developed a fall prevention program that used a stop-light system to alert healthcare team members to each patient's fall risk. The nominee performed a literature search and identified the most common contributing factors to falls. Upon evaluation of the program, the unit experienced a reduction of 20% in falls.

Another example of this nominee's commitment to success was their role in developing a unit-based mock code protocol. The nominee noticed the unease of some of the staff during a code on the unit and researched the impact of mock codes on staff's comfort and performance in real-life emergency situations. Working with the unit manager, this nominee helped to develop a protocol for conducting frequent mock codes on the unit to improve performance in emergent situations. Staff reported an overall improvement in their comfort level and confidence following the first mock code.

- 2. Please elaborate on how nominee(s): Service/Outreach (Provide examples of community and professional contributions that fall outside the individual's normal job duties and/ or organization)**

This nominee is very involved in service and outreach projects. Last fall, the nominee helped organize a homeless foot clinic with their clinical nursing students. The students performed foot assessments and handed out clean socks to the homeless population in the local community.

Furthermore, this nominee serves as the president of the local Sigma Theta Tau chapter. This service role requires the nominee to spend countless hours outside of their normal duties as faculty to organize meetings, gatherings, and service projects within the Sigma Theta Tau organization.



3. Please elaborate on nominee(s): Leadership Qualities (Provide examples of the individual's consistent involvement in leadership activities and/or mentorship)

This nominee consistently displays leadership capabilities. The nominee serves as the Unit-Base Council Chairperson. This position is a 2-year commitment and requires the nominee to hold monthly meetings and monitor any on-going unit-based projects. This position also places the nominee in situations where they are required to meet with Hospital Administration and formulate solutions to staff concerns.

This nominee also created and led a task force after some inconsistencies were noticed regarding PPE. The nominee identified key stakeholders and change agents from among the staff and organized the group to identify gaps in knowledge and formulate an education plan.

Lastly, this nominee displays leadership qualities in their mentorship of other staff. The nominee has taken the initiative to identify some new graduate nurses who show an interest in holding leadership positions. The nominee encouraged these new nurses to apply for positions on several hospital councils and committees and has mentored the new graduates to identify their strengths and weaknesses in their leadership skills.

4. Please elaborate on nominee(s): Contribution to the Advancement of Nursing Profession (Provide examples of the individual's voluntary contributions to projects and initiatives that improve the science of nursing and the nursing profession)

This nominee has contributed greatly to the advancement of the nursing profession. As a part of their advancement of their education, the nominee conducted a research project on the benefits of early ambulation following GI surgery. After performing a thorough literature review, the nominee developed a protocol for ambulation within 24 hours following GI surgery. As a result of this project, there has been a marked decrease in the need for post-op pain medication and length of hospital stay.

Additionally, this nominee worked with a local nursing program to develop a high-fidelity simulation scenario regarding post-op hemorrhage. The nominee developed the scenario and helped with debriefing after the simulation exercise. The nursing student confidence in early identification of post-op hemorrhage increased by 50% following the exercise.