



## **YOUNG LEADERS PROGRAM GUIDELINES**

### **Duration of Program:**

- 1) The BSN Young Leaders Program will begin in June 2023 and run through September 2023.
- 2) All project-related work should be completed by October 1, 2023.
- 3) Participants are required to present their project work as a Poster Presentation at the 40 Nurse Leaders Under 40 Award Ceremony on October 9, 2023.
- 4) Participants will receive their stipend at the 2023 40 Under 40 Ceremony.

### **Meeting Requirements of the Program:**

- 1) All participants are required to meet with their mentor a minimum of 3 times throughout the program.
- 2) Meeting times/location will be agreed upon by both the participant and the mentor.
- 3) Meetings do not have to be face-to-face. Zoom, Skype, and/or telephone meetings are acceptable.
- 4) General meetings periods should be
  - a) Within the first week or two of the program
    - i) Goal: Identify the project and set deadlines
  - b) Mid-point in the program
    - i) Goal: Discuss progress and areas of concern
  - c) Within the last few weeks of the program
    - i) Goal: Review finalized project and make necessary revisions
- 5) Mentors and participants may meet as many times as necessary during the duration of the program.

### **Project Requirements:**

- 1) Projects should be agreed upon between the participant and the mentor.
- 2) Mentors have been selected based on the area of interest designated by the participant on the program application. Mentors should guide the project selection based on their area of expertise.
- 3) Projects should include some form of literature search and review.
- 4) Projects should address an issue or question identified within the mentor's area of expertise.
- 5) Examples of projects are:
  - a) Literature synthesis
  - b) Pilot study
  - c) Curriculum development
  - d) Quality Improvement project

**Final Product Requirements:**

- 1) The final product of the project should be a professional poster presentation.
- 2) The presentation should include
  - a) Participants Name and Nursing Program
  - b) Mentor's Name and Credentials
  - c) The Question or Issue being addressed
  - d) Overview of literature search
  - e) Overview of the steps followed within the project. (ex: process of curriculum development; steps of the quality improvement project implementation; framework used to synthesize the literature)
  - f) Findings or outcomes of the project
  - g) Future Implications (What would you like to see happen next with the knowledge gained from the project?)
  - h) 3 Leadership Lessons Learned (what did you learn about being a leader from the project and working with your mentor)

**Professionalism:**

- 1) Student is expected to be on time for all scheduled meetings and appointments with their nurse mentor.
- 2) Student is required to model professionalism at all times (in dress and behavior) while completing project requirements.
- 3) Student is required to communicate and work with the nurse mentor.
- 4) When problems are encountered, student will discuss the issues with their mentor.
- 5) Student is required to adhere to policies and standards of organization in which they are working.